

Title:

7 Steps to Connect with your Angels

Word Count:

741

Summary:

Learn to receive help and guidance from your Angels with these 7 simple steps.

Keywords:

angels, angel communication, angel messages, help from angels, St. Augustine, religion, spirit

Article Body:

The room you are in is filled with Angels!

The next room you go to will be filled with Angels and Angels will be at your side with every

How do I know that? That's my specialty - I am an author, workshop leader and Ordained Minister

Angels are truly universal. The Pew Foundation reported that 72% of Americans believe in Angel

St. Augustine, an authority on Angels, said, "Make friends with Angels." He recommended that w

Asking an Angel for help is one of our most powerful spiritual practices. We can ask the Angel

1) Ask for help - Angels offer us help 24/7. The more receptive we are, the more help they can

When asking for help, it's important to realize yourself as fully worthy of Angelic assistance

2) Connect with your inner divine child as you call upon the Angels and ask for help. Your inn

3) Hand everything over to the Angels when you ask for their help: every issue, problem, worry

4) Express Appreciation and Gratitude - Find and express genuine appreciation and gratitude fo

5) Know that it is done - Every request is answered and help is always given. If you fear that

6) Act quickly on the guidance you receive. Accept the opportunity and act upon it immediately

7) Celebrate yourself exactly as you are in the moment. Leave any critical judgments or negati

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