

Title:

A Sudoku A Day Exercises The Brain

Word Count:

584

Summary:

Negative issues are usually associated with addiction. Drug abuse, excessive drinking, and even

Keywords:

sudoku puzzles

Article Body:

Negative issues are usually associated with addiction. Drug abuse, excessive drinking, and even

Though sudoku puzzles are not mathematical problems, solving the puzzles requires the most basic

Ian Robertson, a neuroscientist, facilitated a research among the elderly with the premise that

Other experts agree with these findings, saying that solving challenging mind games like sudoku

As it is, experts advise adults to encourage children to solve puzzles like sudoku to start me

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