

Title:

How to Deal with gambling Addiction

Word Count:

539

Summary:

What to do if someone you care about has a gambling problem

Keywords:

gambling, casino, casinos, entertainment, mental health, addiction, gambling addiction, health

Article Body:

They say the first step to beating an addiction is to admit that you have a problem.

Dealing with someone who has a gambling addiction can be painful. They have a tendency to with

There are several things you will need to do and some of them are very hard to do.

The first thing you have to do is to hide all your valuables, and if this person lives with yo

If this person is you child or your spouse then you need to limit there access to your money.

At some point you will have to confront them. When you do confront them it is important to not

It is important that everyone take turns and tell the person how his gambling has affected the

Remember the goal of confronting someone is not to make them stop gambling, it is to help them

Some people recommend that you try to get your friend to go to a gamblers anonymous meeting, b

After all is said and done, you must be prepared because most of the time the gambler continue

With most addictions the person with the problem needs to hit what they call a "bottom". This

If you know someone who is unwilling to admit their gambling problem I recommend that after yo

To find more information on gambling addiction search gamblers Anonymous and

Codependence websites.

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