

Title:

Winter Skin Care Strategies

Word Count:

404

Summary:

A helpful article with some timely advice regarding winter skin care.

Keywords:

Article Body:

As the cold weather approaches, it may be time to consider your skin care strategy for the winter.

Even though you will be bundled up in winter clothing, you should still consider using a sunscreen.

Try to avoid taking long, hot showers this winter. We all know how wonderful a hot shower can be.

Another thing to consider is your home heating system. As your furnace will be in constant use.

In my opinion, the best way to deal with dry skin is to hydrate from the inside out. Drink as much water as you can.

This is a demo version of txt2pdf v.10.1

Developed by SANFACE Software <http://www.sanface.com/>

Available at <http://www.sanface.com/txt2pdf.html>