

Title:

Computer Ergonomics: Don't Hammer Away At That Keyboard

Word Count:

409

Summary:

Many people frequently say that they spend a great deal of time pounding on their computer key

Pounding away at the computer keyboard can have long term health consequences ...

Keywords:

Article Body:

Many people frequently say that they spend a great deal of time pounding on their computer key

Pounding away at the computer keyboard can have long term health consequences for a regular co

Another health condition that can arise when a computer user is too hard on the keys is a dead

In addition to the other ailments and conditions set forth in this article, using too much pre

When all is said and done, it simply is not necessary for a person using a computer to use a g

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