

Title:

Easy Ways To Secure Your Computer

Word Count:

519

Summary:

Just follow these simple tips; your computer will be free from virus and spyware.

1. Stop and think before opening any attachment you receive.

If you don't know the sender, don't open the attachment - just delete it. It doesn't matter if

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Article Body:

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If the email is from someone you know, always scan any attachments first before downloading or

If every email user in the world followed these simple guidelines the distribution of viruses

2. Protect yourself

Good protection on the Internet these days consists of 3 components: anti-virus software, anti

Anti-Virus Software:

Good virus protection doesn't need to cost you a fortune. You can get excellent free anti-viru

Anti-Spyware Software:

For spyware protection, you can get it for free on the Internet as well.

A Firewall:

As for a firewall, Windows XP ships with a decent enough firewall. Just make sure it is always

The most important thing to keep in mind is that you need to keep your anti-virus software up

3. Watch out what you download

Spyware is embedded in a lot of software on the Internet - especially those related to ripping

4. Keep yourself informed

Major anti-virus software developers like Symantec and Grisoft updates their sites regularly w

Using these simple and software I have kept my computer virus-free for the past 3 years. It's

5. Stay clear of pornographic and illegal software sites

If you want to pick up viruses and spyware quickly, visit some pornographic web sites. One wr

Follow all these useful tips and your computer will be kept secure and virus free.

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