Title:
How To Keep Your Computer From Spreading Viruses

Word Count:
888

Summary:
There are some simple steps you must take to avoid becoming a victim of computer viruses and a
Email Issues to watch

Never open an E-mail with an attachment you were not expecting.

The latest batch of virus programs are often spread by E-mail. Even if your anti-virus program

Keywords:
antivirus software, norton antivirus, pccillin, anti virus, norton, virus, trojan horse

Article Body:
There are some simple steps you must take to avoid becoming a victim of computer viruses and a
Email Issues to watch

Never open an E-mail with an attachment you were not expecting.

The latest batch of virus programs are often spread by E-mail. Even if your anti-virus program

Scan ALL incoming email attachments (regardless of who sent it).

Be sure to run each attachment you plan to open through the anti-virus check. Do this even if
Turn off the 'automatic preview' in your email program.

Automatically previewing an email message has the exact same effect as opening and reading an

Disk Issues to watch

Don't boot from a floppy disk.

Floppies are one of the most common ways viruses are transmitted. If you are using a floppy wh

Web Based Issues

Keep your web browser set to its highest security level.

Its a pain to get the warning messages on every other web page you visit, but its the best way

Don't download programs from the Web.

Unreliable sources such as Internet newsgroups or Web sites that you haven't heard of may be w

Routine Maintenance

Make regular back ups of important data

Make it a habit to back up all of your most important files at least once a month. Store the b

Clean any virus/worm/trojan off your computer
(Details: http://www.antivirus-report.com/trojan-horse-removal.html)

Using your antivirus software, perform a full system scan of your PC, hopefully it will detect

What is a removal tool? Well simply put it is a simple software that will scan your computer f

Top Considerations for PC Protection

And the final and most important two things to do to keep your computer clean and make sure it

Install a Firewall

If you use a broadband/high-speed method to access the internet, you need to get a firewall. A

Install and use a high-quality anti-virus program.

This is the key to protecting your computer. Buy one of the major anti-virus programs - Norton

Get immediate protection.

Configure your anti-virus software to launch automatically on start-up and run at all times. T