

Title:

Top 10 Ways To Protect Yourself From Computer Viruses

Word Count:

467

Summary:

As more and more people are becoming comfortable using their computers at school, home or in t

Use a high quality anti-virus program. There are many different anti-virus computers programs

Keywords:

computer virus, virus, computer security

Article Body:

As more and more people are becoming comfortable using their computers at school, home or in t

Use a high quality anti-virus program. There are many different anti-virus computers programs

Always use your anti-virus software. Make sure your anti-virus software is always turned on an

Keep your antivirus programs up to date. Most programs come with a yearly subscription make su

Keep your computer up to date. From time to time operating systems fall victim to security hol

Backup your data regularly. Most windows computer users keep their documents in the ^My docume

If you use floppy disks or USB drives on public computers like your school computer lab, Kinko

Be wary of email attachments. Treat any email attachment as potentially dangerous. Never open

Use text email if possible. While HTML email is prettier and allows you more control over form

Use downloaded freeware and shareware files or software with caution. Try to download them fro

Be wary of links in IM or instant messaging software. Don't accept invitations from people you

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