

Title:

Understanding Computer Ergonomics In The 21st Century

Word Count:

394

Summary:

Without a doubt, the most widely used tool in any workplace in the 21st century is the computer.

Perhaps the most widely understood and utilized definition of computer ergonomics runs something like this:

Keywords:

Article Body:

Without a doubt, the most widely used tool in any workplace in the 21st century is the computer.

Perhaps the most widely understood and utilized definition of computer ergonomics runs something like this:

Ergonomics and human factors use knowledge of human abilities and limitations to design systems that are safe, efficient, and comfortable to use.

Computer ergonomics is now understood to be very important. By appropriately applying ergonomic principles, designers can create products that are safe, efficient, and comfortable to use.

Interestingly, when it comes to ergonomics, people who study this field have adapted Leonardo da Vinci's famous quote: "It is not the machine that is important, but the man who uses it."

Ergonomists understand the keen interrelationship between designing safe equipment and practicing safe work habits.

In summary, if you are like most people in the workaday world who must use a computer and related equipment, it is important to understand the principles of computer ergonomics.

This is a demo version of txt2pdf v.10.1

Developed by SANFACE Software <http://www.sanface.com/>

Available at <http://www.sanface.com/txt2pdf.html>