

Title:

How To Choose The Right Sports/Fitness Watch

Word Count:

813

Summary:

For some reason, sports or fitness watches are usually large and have a rugged appearance. Ev

Keywords:

watches, timepieces

Article Body:

For some reason, sports or fitness watches are usually large and have a rugged appearance. Ev

Size

A sports watch will usually be somewhat larger than watches intended for more formal occasions

Dial

The dial should be large enough to easily read the numbers and view the placement of the hands

Water resistance

Obviously divers, swimmers or those who work in moist weather conditions will want to review t

Materials

Almost all sports watches are made of either stainless steel or titanium. Hardened titanium is

Band composition

The composition of the band typically is metal, leather or synthetic material of some type, su

Crystals

The watch crystal is generally not an option on a sports watch or any other. You will find the

Weight

The weight of a watch for an active sports enthusiast can become critical. If you are wearing

Quartz vs mechanical

The decision about whether a quartz or mechanical watch is preferable to you is going to be li

Extras

Some add ons include a stop watch, a calendar and clocks from other time zones or alarms for e

In summary, finding the perfect sports or fitness watch is a matter of determining how the wat

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