

Title:

Natural beauty through mineral makeup.

Word Count:

672

Summary:

As we become more aware of our environment and more aware of the products that we are putting

Keywords:

beauty

Article Body:

As we become more aware of our environment and more aware of the products that we are putting

It's likely you've noticed new skincare and cosmetic companies popping up with 'all natural' a

The title of this article is 'Mineral Makeup'. After learning what mineral makeup is, what pro

What Is Mineral Makeup?

Mineral makeup is designed from all naturally occurring products. It is often recommended by d

It is usually applied with a brush, and is typically shown to be 'buffed' into the skin. This

What Are The Ingredients?

This is the most important part. Learning what is in your makeup will give you the ability to

- Titanium Dioxide- A white natural sunscreen and anti-inflammatory agent. It is highly reflected.
- Zinc Oxide- A natural sunscreen providing broad spectrum UVA/UVB protection.
- Sericite- A colorless mica that can be used to cut the opacity of Titanium Dioxide and also
- Cornstarch/ Rice Powder- Cosmetic grade- An oil humectant (draws oil out of the pores). Can
- Kaolin Clay- Natural oil-absorption.
- Mica- Natural 'glitter'. Provides shimmer and sparkle.
- Iron Oxides- Natural pigment- very opaque. Used for tinting cosmetics.

Ingredients To Avoid

These ingredients are also common, but can cause problems so are best to avoid.

- Talc/ Various Powders- Common fillers- can cause respiratory problems.
- FD&C Dyes- Derived from coal tar.
- Bismuth Oxychloride- Known skin irritant- causes itching, rashes and breakouts. Especially p
- Ferric Ferrocyanide- Controversial because of its suspected toxicity.
- Carmine- Crushed beetles.

What Brand Should I Buy?

Well, if you're familiar with mineral makeup, it's likely you've seen the infomercials. After  
There are several good mineral makeup companies out there that provide a much better product a  
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