

Title:

How to Become Motivated to be Frugal

Word Count:

752

Summary:

You might really want to save money and be frugal, but just can't seem to get started. How do

Keywords:

frugal folks, finance

Article Body:

You might really want to save money and be frugal, but just can't seem to get started. How do

Whether you are just starting to be frugal or need a little motivation to keep on saving, some

Make yourself a frugal living notebook. This is a record of your goals, plans and actions. In

So gather a notebook, a pen and your budget. Your budget will help you choose your goals. If y

In your notebook, make a list of every debt you owe. List what it is, the interest rate, the t

Now, define and list your goals. Goals change over time, so be sure to update your list. You w

When you look at your finances, you have to wear blinders. Don't compare yourself to anyone el

Be realistic and reasonable. For example, my husband wants a new car so bad he can taste it. E

Being frugal doesn't mean starving yourself. It doesn't even mean living within your means. It

Don't fret and worry about money. Thinking about it will not change anything. Taking action wi

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