

Title:

The Human Side: Debt Stress

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524

Summary:

In all the technical discussion you hear about credit card debt, the best ways to manage it an

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credit repair,credit card debt,credit card consolidation

Article Body:

In all the technical discussion you hear about credit card debt, the best ways to manage it an

The Symptoms of Debt Stress.

There are an awful lot of symptoms that can be caused by stress. Some of the most common ones

Who Gets It?

Almost everyone who has debts is stressed about them. Debt is blamed for millions of days off

The average adult owes many thousands in debts ~ and since that's the average, it means that m

How to Deal With It.

Stress caused by debts is often considered to be embarrassing, or shameful. People with lots o

The best thing to do then is to find two people: one who can advise you, and one who can be a

The next thing to do is to have a good think about how you got that debt to begin with. See if

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