

Title:

A Cook's Guide to Quick Meals and Desserts

Word Count:

688

Summary:

Learn how to spice up your family meals with quick and easy recipes. Introduce new foods witho

Keywords:

cooking, recipes, menus, food, beverages, desserts, mixes, spices, sourdough, bread, fruit, ve

Article Body:

With cooking, creativity can be just as important as the ingredients. With our busy lives, we

If you find yourself cooking the same old meals week in and week out, there's good news. Now y

Buy an Easy Cooking Cookbook

This might sound obvious, but you should first find a cookbook with recipes your family will l

Cookbooks also tend to favor one style of cooking, such as Santa Fe style cooking or Southern

Spice It Up

After buying a cookbook, go through the cookbook marking recipes you'd like to try for the mor

Create Menus in Advance

Preparation is the key to saving time and sticking with a meal plan. Plan menus in advance so

Prepare Mixes and Simple Foods in Advance

If you plan to make a dessert or a large meal, prepare your mixes and simple foods in advance

Cake, cookie or brownie mixes for dessert can also be stored in the fridge for later cooking.

Mix Old with the New Just to be Safe

When preparing a brand new dish, be sure to mix some old food items in the menu just in case y

With any new cooking venture, you will need to take some extra time and effort to give it a tr

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