

Title:

Acai - Wears the Crown of the Superfoods

Word Count:

734

Summary:

The acai berry is is strange in the way that only 10% of the berry is actually edible

Keywords:

food, drink, alcohol, bar, equipment, supplies, supply, cocktails, acai, berry, fruit, health

Article Body:

The acai berry is is strange in the way that only 10% of the berry is actually edible, the mai

The acai berry grows in the rain forests of the amazon in south america and is considered by s

Pronunciation of this fruit is "ah-sigh-ee", acai, or euterpe oleracea (arecaceae) has been se

It wasnt until the turn of the millenium when the acai berry was dicovered to be in north amer

Acai is abundant in anthocyanins, a type of antioxidant that has been proven to combat cholest

Aside from anthocyanins, another benefit of the acai berry is an acid called aleic acid which

Acai is good as a dietary supplement, it is very low in fat and colestrol and yet high in fiber

In recent studies have been conducted and acai has other benefits other than the ones that hav

Unfortunately now the acai berry is not found in any store in the united states this is mainly

The acai berry is small and although you can find the nutrients that it has elsewhere the diff

Other benefits of this amazing berry include greater energy, stamina, digestion and mental sti

This is a demo version of txt2pdf v.10.1

Developed by SANFACE Software <http://www.sanface.com/>

Available at <http://www.sanface.com/txt2pdf.html>