

Title:

Can Fast Food Be Healthy?

Word Count:

411

Summary:

It is possible for people to make healthy food choices even if they only have a short time in

Keywords:

food,healthy eating,diet,nutrition

Article Body:

It is possible for people to make healthy food choices even if they only have a short time in

At places like McDonald's and Hardee's, it is possible to find consumers who are concerned abo

Restaurants that feature foods in season cultivated by local farmers offer very healthy and af

If home preparation of food is preferred, the options for healthy choices increase. Visiting a

People can either choose to eat a healthy diet or an unhealthy one. Time and availability of h

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