

Title:

Chinese Herbal Teas Explained

Word Count:

584

Summary:

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Traditionally, the Chinese herbal teas are used for their medicinal and healing properties. Ho

Keywords:

Article Body:

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The Benefits of Chinese Herbal Tea

One of the well-known benefits of Chinese herbal tea is that it offers the tea drinker caffein

The Rosebud and Chrysanthemum teas are known in China as a woman's herb. However, it is also u

The Chinese herbal teas are even great beverages to have at night, especially when you might n

The Famous Flower Herbal Teas

There is a number of Chinese herbal tea varieties, one of those are the flower teas. These te

Here are the most famous flower teas:

- Carnation Flower Tea ~ This is an attractive red flower tea which is said to help restore th
- Chrysanthemum Herbal Tea ~ This is but a top grade of the famous cooling tea infusion. It ha
- Gongju Herbal Tea ~ Another caffeine-free tea, which is smooth tasting. The whole flower is
- Jasmine Bud Flower Tea ~ According to some experts, this Chinese herbal tea consists solely
- Forget Me Not Flower Tea ~ This is also caffeine-free and is said to aid the lungs. It brews
- Yunnan Flower Bud Tea ~ As the name implies, this Chinese herbal tea grows in the old forest
- Wild New York Ginseng ~ Here is another well-known Chinese herbal tea intended for those who
- Kuding Pearl Tea ~ Many who have tasted this tea noted that this is a bitter tea. This varie

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