

Title:

Chocolate Is My Favorite Health Food

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918

Summary:

Finally, the medical world has caught up with what the rest of us have known all the time, nam

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chocolate, candy, health, food, diet

Article Body:

Finally, the medical world has caught up with what the rest of us have known all the time, nam

According to recent medical research, chocolate has marvelous benefits for the human body. Who

This introduces me to a disturbing thought. I'm grateful for the advancement of modern medicin

With recent discoveries, I think this is a real possibility.

I have been saying for years that broccoli was bad for you and chocolate was good for you. It

Because I have been right about chocolate, I'm not going to take the chance I'm wrong about br

In light of these recent discoveries concerning chocolate, I thought I would lend my expertise

I offer myself as an expert on the art of eating chocolate and I have the empty boxes to suppo

Before giving my tips on eating chocolate, let me just say that the chocolate chip cookie is t

So, start out with a chocolate chip cookie to make sure you're on the safe side of this issue.

Because chocolate is rather a new food category for most people, let me offer a few tips as yo

1. When you begin eating chocolate, make sure you do it one bite at a time. This is important.

2. If you have a wrapped chocolate bar, remember, it must be unwrapped and allowed to breathe

3. When it comes to chewing chocolate, a person must be very careful. Each bite of chocolate m

Eating chocolate is a slow, reverent and loving experience. Perhaps the reason so many thought

I once tried chewing a chocolate bar only 11 times and choked. I learned my lesson the hard wa

4. One final tip I feel is quite important. Chocolate should always be eaten when you are alon

When you stop to think about this whole chocolate business, it is almost like a religious expe

As religious experiences go, the only genuine experience centers on knowing God, as he desires

David understood this concept when he wrote, ^Be still, and know that I am God: I will be exal

In this rat race of a world, it is almost impossible to find the time or the place to get stil

Perhaps God gets a bad rap from people for the same reason chocolate for many years was given

I honestly believe the same can be said for God. For the person who takes the time to get to k

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