

Title:

Food Addiction

Word Count:

706

Summary:

Food addicts crave the comfort that a particular food gives them. They also may engage in binge

Keywords:

Food advice addiction

Article Body:

Food Addiction: A Craving You Can't Seem to Control

You may overdose on potato chips or tortilla chips once in a while, but would you o

When you suffer from food addiction, you have an overwhelming desire for a particular

It should be pointed out that there are different varieties of food addiction. For ins

Yet another form of addiction is bulimia, in which an individual overeats, then purge

Food addiction can also come in the form of anorexia, where an individual attempts to

The good news is that food addiction can be successfully treated. This treatment can co

Food addicts often follow the tenets of the same kind of 12-step program used by al

It is unclear at this point whether food addiction is a genetically-based illness. Cer

It is entirely possible that a food addiction can never be cured, that it can only be t

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