

Title:

Healthy Foods That Your Kids Will Love

Word Count:

360

Summary:

Is getting your kids to eat healthy foods is a battle in your home? If so, you'll love these t

Start the Day Right

You can give your kids a delicious, healthy breakfast by getting rid of the ready to eat cerea

Keywords:

Article Body:

Is getting your kids to eat healthy foods is a battle in your home? If so, you'll love these t

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Naturally Sweet

Most kids will ask for sweets such as candy and snack cakes. Instead of giving in to the press  
Replace fruit drinks and sodas with flavored tonic water and fresh fruit juice. Drink boxes co

Make it Fun

The secret is in the presentation. Arrange an assortment of healthy foods in a fun way on your

Healthy Dinner

Dinnertime can include homemade pizza topped with cheese and vegetables, or soft tacos made wi

It's not difficult to get kids to eat healthy foods. It just takes a little extra thought and

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