

Title:

Keep Some Quick Meal Ingredients Handy For When Time Is Short.

Word Count:

527

Summary:

Time is running short and you need to get supper on the table fast. What do you do? If you k

Keywords:

quick,meal,ingredients,time,food,idea,ideas,chicken,noodles,children,time,

Article Body:

All right I admit I don't always like to cook, especially when time is short and we have run b

What I have done is to keep on hand the ingredients for 3 or 4 meals that I can "whip up" in a

Depending on the tastes and size of your family you may have other ideas for quick meals but t

1. Chicken and Noodles.

I make my own noodles, they are super easy and they freeze well. I often triple the batch whe

When I boil a chicken it is just as easy to get a big pot out and do two or three and freeze s

So when time is short it is not hard to grab a bag of chicken, a bag of noodles, and either so

I usually serve chicken and noodles over mashed potatoes, and in case I don't have any potatoe

Easy and tasty meal that can be done in about 20 minutes.

2. I always have a pound or two of cooked ground beef in my freezer. That way I can whip up

3. I confess I keep a handy box of hamburger helper in my pantry too. My daughter's favorite

4. That cooked frozen chicken in the freezer can be turned into a chicken salad or with a lit

5. Especially in the summer I keep some frozen hamburger patties on standby to just throw on t

For side dishes fresh veggies and fruit is great. And I often open a can of peaches, pears, c

Remember if your are browning a pound of hamburger for a meal it is just as easy to do 2 or 3

So pick out 4 or 5 easy meals that you can do the preparation ahead of time for and keep them

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