

Title:

The Story of Tea Drinking

Word Count:

269

Summary:

The story of tea begins over four and a half thousand years ago. According to Chinese mythology

Keywords:

tea, bija tea, matcha tea, rooibos tea, ginger tea, green tea

Article Body:

The story of tea begins over four and a half thousand years ago. According to Chinese mythology

From the earliest times tea was renowned for its properties as a healthy, refreshing drink. By

Tea drinking has been practiced throughout the world for hundreds of years. From the imperial

Tea is a naturally refreshing drink and taken on its own it has no calories, so it's the perfe

A cup of tea is also a good source of manganese, which is essential for general physical devel

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