

Title:

3 D's of sleeping pills

Word Count:

547

Summary:

This article features the negative effects of sleeping pills and why people, in spite

Keywords:

sleeping pills overdose

Article Body:

After reading this, I hope you can still sleep well. Sleep-inducing medicines, popularly known

\*Degradation of activities

Studies prove that continuous use of sleeping pills can reduce brain cell activity, af

\*Dependence

Just like how the body forms its natural defense through the production of antibodies,

\* Death

People who use sleeping pills have undeniably higher mortality rates than those who do

As the saying goes, we can buy luxurious bed but we can never purchase a good night's

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