

Title:

3 Steps To Helping Your Asthmatic Child

Word Count:

685

Summary:

Parents of asthmatic children often feel powerless to help. This article discusses the signs of

Keywords:

asthma, childhood asthma, asthmatic, Kane

Article Body:

The first and most important step to take is to decide to take charge of your child's asthma.

Let's take charge of the situation and dispel this myth straight away. You have not willed it

The next step is to be aware of your child's health. One problem with having an ill child is t

Some children just take a rest when their breathing becomes difficult and never mention they f

If you suspect your child may have asthma you probably know the classic signs to look for: cou

If possible take a look at your child's breathing as they sleep. This will enable you to see h

Next, ensure your child takes any inhaled medication properly. Many asthma medications are del

You need to be prepared for an asthma attack. Know what to do. If your child suffers an asthma

If you are driving your child to ER or a physician while they are having an asthma attack you

To deal with asthma effectively you have to understand the disease and understand your child.

This is a demo version of txt2pdf v.10.1

Developed by SANFACE Software <http://www.sanface.com/>

Available at <http://www.sanface.com/txt2pdf.html>