

Title:

A Child's Web Of Sleep

Word Count:

515

Summary:

Sleep is something that adults generally believe children get enough of, but recent studies an

Keywords:

sleep problems, stress and anxiety, medical history, overweight and obese

Article Body:

The average person associates sleep problems with things like stress and anxiety, such that th

Recent studies have shown that children below the age of six can experience difficulty in gett

Background TV exposure also seemed to play a role. According to the research, sleep problems o

The study recorded the Body Mass Index (BMI) and the sleep patterns of children in both the th

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