

Title:

A Life With Scoliosis

Word Count:

577

Summary:

The article deals with the medical condition called Scoliosis. Scoliosis is a back problem cha

Keywords:

scoliosis and low back pain

Article Body:

Scoliosis is a medical condition that refers to a lateral or rotational curve and deformities

To get proper diagnosis, a person must consult an orthopedist who specializes in spine disease

Physical Examination ~ Your doctor will check your back, chest, hips, legs, and even the skin

X-ray ~ If you have unusual, persistent low back pain or a large spinal curve, the doctor will

Curve Measurement - Using the X-ray image, the doctor will measure the curve and determine wh

Kinds of treatment for scoliosis

There are different approaches in the treatment and management of scoliosis, as shown below:

Bracing - This is recommended for children or adolescents whose curves progress to 30 degrees

A brace will not make your spine straight but it will help improve the posture and reduce the

Surgery ~ When bracing fails to give the desired results, surgery is often seen as the next op

Coping with scoliosis

To cope with scoliosis, some patients get a massage or a similar therapy session that helps im

Your world need not stop from spinning just because you have a spine problem. Scoliosis patie

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