

Title:

A Look At Obesity

Word Count:

525

Summary:

If you thought being obese is being the target of fun, it only tells the part of the story about

Keywords:

Obese, obesity, fat childer, fatness

Article Body:

If you thought being obese is being the target of fun, it only tells the part of the story about

Obesity is a trojan horse. It brings a battalion of ailments, which are most detrimental to our

1. Hypertension
2. Diabetes (Type-2)
3. Coronary heart disease
4. Stroke
5. Gallbladder disease
6. Osteoarthritis
7. Asthma
8. Sleep apnea and respiratory problems
9. Some cancers (endometrial, breast and colon)
10. High levels of cholesterol

This is an unending list, where each of the above ailments are capable of creating other complications

Shake Your Head

A doctor once told my friend, who is obese that it is very easy to lose weight. My friend became

Is Being Overweight Obesity

Obesity is not just due to eating disorder unlike overweight. Obesity is hereditary and it is

Obesity is posing the biggest threat to Americans and the numbers are rising with each year. The

What Causes Obesity

There are more reasons than one. Having obsession to eating more calories than you can burn off

Is There An Anti-Obesity Plan?

There are many quick-fix plans being promoted by the so called dieticians which are not regulated

Although fat at hips is not quicker to harm you than the accumulation around waist, there is no

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