

Title:

A True Bestfriend

Word Count:

617

Summary:

This article talks about the benefits of having pet dogs to relieve depression, stress and anxiety.

Keywords:

Stress and Anxiety, Depression

Article Body:

Most dogs, because of their wonderful characteristics, never fail to attract attention wherever they go.

Dogs are observed to bring out a lot of positive feelings and reactions from people. Because of their loyalty and companionship, they are often considered as the best friends.

Among the most stressful and, possibly, depressing professions there are, considering the pressure and long hours, those of a doctor, a lawyer, a teacher, and a parent.

Aside from Hollywood stars, other famous and powerful people such as politicians, a dictator, and a CEO, dogs are often seen as their loyal companions.

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