

Title:

A Warm Touch, A Beneficial Act

Word Count:

578

Summary:

Touch or massage therapy are beneficial to an infant's well being. There are innumerable medi

Keywords:

stress, migraines, well being

Article Body:

^Babies talk when you touch them.~ claimed a certified massage therapist. A mother's touch and

Interest in hands-on therapies has become very popular nowadays that even conventional physici

We have come a long way in understanding the importance of touch with human development. To pr
Another recent research has given proof that preemies' systems need to experience controlled s
Touch therapy offers a number of benefits for newborn children. Some of these benefits includ
Promoting wellness of the newborn;

Enhancing the bonding process between baby and parent;

Accelerates recovery from the normal rigors of birth trauma and/or difficult, prolonged labor;

Helps to soothe teething discomfort;

Optimizes growth and development, especially for babies who were critically ill at birth;

Minimizes the complications of prematurity and provides loving comfort for babies who are hosp

Benefits the baby even from the time of conception; and

Hastens recovery from medical and surgical procedures.

Further studies show a strong link between touch and emotional development. The study showed t

Not only that touch or massage therapy are beneficial to an infant's well being, but more impo

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