

Title:

Acne Natural Cure

Word Count:

665

Summary:

Natural remedies of alternative medicine.Best Acne Treatment

Keywords:

natural acne remedy,acne alternative medicine,acne folk medicine

Article Body:

At occurrence on a skin of eels it is necessary to use cautiously cosmetics since to rub in a
Eels it is possible to squeeze out periodically. For this purpose it is necessary to steam out
Treatment acne

Treatment acne should be complex to what are applied both internal, and external means.

It is useful to accept inside from two to four teaspoons brewing yeasts every morning before m

One of the best means of treatment acne, pustulous diseases - tincture from petals of a white

It is possible to apply the juice of leaves of the aloe. Leaves to wash boiled water, to dry a

Help to get rid of spots and eels of a lotion and compresses from broth of birch kidneys. A ta

It is possible to use and birch leaves. Drink tea all year long and will be rewarded by health

Fresh juice of the plantain big to wipe a skin, to add in masks.

2 table spoons small cut root of the primrose spring on a glass of boiling water. To insist 1

1 table spoon the flowers of the pith of the black to fill in with a boiled water glass, to do

From leaves,flowers bird-cherry it is possible to use broth for washings by Broth from a bark,

2 table spoons grass of the wormwood of the bitter on 300 ml of boiling water to insist. To us

Infusion from balm to use for lotions. 4 table spoons of a plant on boiled water.

Internal means:

2 spoons of leaves nettle to fill in 2 boiled water, to insist 2 ÷, to drink on a half-glass 4

One a spoon crushed roots of the dandelion to fill in boiled water, to boil 15 mines, to cool

Infusion grass is the sage to drink instead of tea and coffee

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