

Title:

African American Hair Texture: Taking Care of Our Gift

Word Count:

491

Summary:

A critical element of hair care - regardless of your hair's texture - is using the proper comb

Keywords:

Black African American hair, curly, woolly, kinky, straight, wavy, natural, thick, locks, comb

Article Body:

African American hair comes in an almost infinite variety of textures, from curly to woolly, f

The Basics

At some point in her life (or many times throughout her life!) virtually every woman wrestles

Good hair care starts from the inside out. That means eating a balanced diet to give your body

The Comb/Brush

The next critical element of hair care - regardless of your hair's texture - is using the prop

Next Steps

In addition to having the proper comb/brush, there are several other things you can do to help

Embrace Your Texture

The hairstyles you choose will change over the course of your lifetime, but the best hair care

When you work with the texture you have, you can still have a variety of style choices availab

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