

Title:

All About The Chinese Diet Green Tea: Good For Diet?

Word Count:

538

Summary:

Did you know that during the Boston Tea Party, the tea that was dumped into the harbor was mos

Origin and Background

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Keywords:

Article Body:

Did you know that during the Boston Tea Party, the tea that was dumped into the harbor was mos

Origin and Background

As noted, Chinese green tea has been around for thousands of year, approximately 4,000 years.

The Chinese diet green tea is actually produced by steaming the fresh tea leaves at high tempe

Chinese Diet Green Tea for Weight Loss

One particular claim that linked the Chinese green tea to diet is its being a miracle tea for

It was revealed that green tea extracts are capable of reducing fat digestion by inhibiting di

Experts have said that of combined with the other weight loss supplements or techniques, the C

Other Benefits

There are also other benefits connected with the intake of Chinese diet green tea. One of thos

The Chinese diet green tea polyphenols are also powerful anti-oxidants. They are even more pow

Further researches even found out that the compounds in green tea stimulate immune system cell

Having said all these, I think that now is the right time to brew up a bit of Chinese diet gre

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