

Title:

An Introduction To Bach Flower Essences - The Twelve Healers

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Summary:

What are Bach Flower Essences?

Pioneered by Dr. Edward Bach in the 1930's, a flower essence is a liquid preparation imprinted ...

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Article Body:

What are Bach Flower Essences?

Pioneered by Dr. Edward Bach in the 1930's, a flower essence is a liquid preparation imprinted

To understand flower essences (also called 'flower remedies'), you can imagine that all things

Now, somewhat like a sound from one source can make a material across the room vibrate with so

So, what does all this mean to us?! Well, Dr. Edward Bach held the notion that the source illn

Through years of research and study, Dr. Bach developed a system of therapy using the vibratio

Dr. Bach's 12-7-19 Categorization Method

Dr. Bach categorized the original 38 flower essences he discovered into 3 categories to assist

The Twelve Healers were designated by Dr. Bach as the flower essences that help the individual

These twelve essences are an excellent starting point for any journey into flower essence heal

The Twelve Healers:

Impatiens - As the name of the flower implies, this essence addresses a tendency toward impati

Gentian - Those in need of Gentian flower essence are too easily discouraged when setbacks occ

Mimulus - This essence is the core remedy for known fears in everyday life. Those needing this

Clematis - The Clematis flower essence type is a dreamy one; there is insufficient interest in

Agrimony - The Agimony flower essence type tends to hide more deeply rooted pain or ailments b

Chicory - Filled with self-pity, and the 'nobody appreciates me' attitude, the Chicory flower

Vervain - The lesson of Vervain flower essence is one of balance. The individual in need of Ve

Centauray - The flower essence for those who cannot say no. The Chicory essence type finds thei

Scleranthus - The personality in need of Scleranthus flower essence is marked by indecision, o

Water Violet - This important flower essence is about the opening of the heart. Those in need

Rock Rose - This is the flower essence for great fear. Unlike Mimulus, which is indicated more
Cerato - Cerato flower essence types do not trust their own hearts, minds or instincts; instead
This concludes the summary of the 'Twelve Healers' - the flower essences Dr. Edward Bach consid

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