

Title:

Anxiety? No need to worry.

Word Count:

546

Summary:

This article discusses anxiety and possible treatments to the said problem.

Keywords:

anxiety treatment, coping with anxiety

Article Body:

Reflexes go awry, bodily reactions prove to be dysfunctional, and behavior patterns seems mean

Though anxiety, or its possible repercussions, may pose to be lethal, studies show it'

Anxiety treatments can be done through medications such as anti-anxiety drug, anti-dep

These may seem to be the positive contribution of anxiety treatments through medicatio

Herbal medication alternatives and other natural forms of anxiety-curing regimen are a

Coping with anxiety, however, is not that easy as it sounds. The tricky part here is t

They also encourage those relatives of those who are coping with anxiety to offer rele

Coping with anxiety, also, as said by doctors, has no ^sure fire~ formula. It takes ca

With this, let us put in our minds that, anxiety can be treated and it does respond ac

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