

Title:

Are Hemorrhoids Treatable?

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Summary:

Hemorrhoids are described as a condition in which an itching or painful mass of dilated veins

Keywords:

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Article Body:

Hemorrhoids are described as a condition in which an itching or painful mass of dilated veins

External hemorrhoids and internal hemorrhoids are the two most common types of hemorrhoids.

Hemorrhoids Treatment

Hemorrhoids are very much treatable. They can be treated by natural ways and medical treatment

The following are some tips to get temporary or instant hemorrhoid relief.

- A warm sitz bath using a bidet, extendable showerhead, cold compress, or topical analgesic
- A sufferer should keep the area clean and dry using hemorrhoids creams or suppositories.

Hemorrhoids Treatment through Natural Ways

The following are some natural ways of hemorrhoids treatment:

- Controlling constipation and diarrhea.
- Drinking large amounts of water and eating fiber-rich bulking agents such as plantain and p
- Taking herbs and dietary supplements such as butcher's broom, horse chestnut, bromelain, an
- Topical application of natural astringents and soothing agents, such as Witch Hazel (astrin
- Reducing rectal pressure and improving postures; using the squatting position for bowel mov

Medical Hemorrhoid Treatments

Chronic or severe cases require medical hemorrhoids treatments. The following are some standar

- Hemorrhoidolysis/Galvanic Electrotherapy is a painless and highly effective hemorrhoids tre
- Dilation is the treatment comprising of stretching of the anal sphincter muscle, but has si
- In Rubber band ligation therapy, elastic bands are applied onto an internal hemorrhoid to c
- In Sclerotherapy or injection therapy, sclerosant or hardening agent is injected into hemor
- In Cryosurgery treatment, a frozen tip of a cryoprobe is used to destroy hemorrhoidal tissu
- In Laser, infared or BICAP coagulation treatment, laser, infrared beam, or electricity is u
- Hemorrhoidectomy is a surgical procedure to excise and remove hemorrhoids.

Surgery is the only treatment option for very severe cases, like prolapsed, thrombosed, or str

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