

Title:

Are Herbal Diet Pills Right For You?

Word Count:

536

Summary:

I took a few herbal diet pills in college once on a whim, and I didn't eat anything for nearly

While they were 'ephedra free' and were supposedly totally natural and safe, I don't think I'd

Keywords:

herbal diet pills,herbal,diet pills,fda,herbal diet,diet

Article Body:

I took a few herbal diet pills in college once on a whim, and I didn't eat anything for nearly

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Herbal diet pills are very popular these days as an alternative to more traditional methods of

First of all, just about anything can be in an herbal diet pill. 'Herbs' are a kind of loophole

Make no mistake about it though, herbs can be every bit as potent and harmful as drugs. The di

Most of the time the 'herbal' classification doesn't last very long; the FDA eventually calls

Many sites even use it to their advantage saying things to the effect of 'buy it now before th

I took a few herbal diet pills in college once on a whim, and I didn't eat anything for nearly

While they were 'ephedra free' and were supposedly totally natural and safe, I don't think I'd

Anyway, just don't be fooled by the word 'herbal' in an herbal diet pill. I would actually tru

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