

Title:

Are Phobias Inherent or Inherited?

Word Count:

550

Summary:

Social phobia is one of the most common phobias among men. It is a very exaggerated shyness t

Keywords:

phobia, social phobia, fear, anxiety, stress

Article Body:

Phobias are extreme fears in specific situations lacking real danger or fears which are comple

One of the most common phobias is Social Phobia. Social phobia is a very exaggerated shyness t

One of the main characteristics of social phobia is the strong anxiety felt before the feared

Social phobia is much more widespread than we believe, for it is estimated that about 3 to 13%

In most cases, the supposedly hereditary component of phobias or anxiety disorders remain unid

Hereditary component of phobias relate a series of phobic tendencies passed down from one gene

If a person has inherited this feeling of fear primarily from forefathers or from some members

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