

Title:

Are Some People More Prone To Panic Disorder Than Others

Word Count:

432

Summary:

Physical differences have been observed among people who are prone to panic attacks or develop

Keywords:

panic disorder

Article Body:

Are some people more prone to panic disorder than others? Yes. Physical differences have been

1) Sensitivity to adrenalin and hormonal changes

In general, people with panic disorders including agoraphobia have overactive adrenal glands a

In panic disorder patients, adrenaline and a hormone called cortisol (a stress fighting hormon

The overproduction of adrenaline and cortisol interferes with the production of serotonin and

In this state of chemical imbalance, you become more easily fatigued, your immune system is co

2) Sensitivity to medications

A greater sensitivity to medications, including side effects, is observed among panic disorder

3) Sensitivity to physical stimulus

People who have panic attacks usually have a heightened sensitivity to bright lights, temperat

4) Sensitivity to large amounts of sodium lactate

Large amounts of sodium lactate in the bloodstream have been found by some researchers to caus

In one study, panic disorder patients experienced a dramatic increase in blood flow to the tem

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