

Title:

Are You A Victim Of The Sickness Industry?

Word Count:

562

Summary:

Unfortunately, if you live in the United States, what should be the "Wellness Industry" is now We have been lied to for years by our government, the medical industry, the food industry and

Keywords:

sick, sickness, wellness, medical, medicine, medical treatment, illness, disease, health, healthy, stayi

Article Body:

Unfortunately, if you live in the United States, what should be the "Wellness Industry" is now the "Sickness Industry."

Far more money is to be made by the medical establishment if you are continuously sick than if you are well and healthy.

They give you one outrageously expensive drug to cover up a problem you have, and that drug brings on several other side problems that require you to take more outrageously expensive drugs. And the cycle continues on and on.

Pretty soon, you are more of a drug junkie from legal drugs than the addict on the street corner who seeks out the drug pusher for illegal drugs.

Where did our health care system go wrong? When did the bottom line become more important than the health and well being of the patient?

We have the FDA, which is supposed to protect us. And, occasionally you read that they have taken a drug off the market after it has killed so many people that public outcry forces them to do something. But, for the most part, the FDA seems primarily interested in protecting the billions of dollars in profits raked in every year by the giant drug companies.

Alternative medicines and therapies that have been used with good results for hundreds of years are routinely banned or blocked by FDA actions, apparently because they might cut into drug company or main stream medical profits. Of course, there are Doctors out there with genuine concern for your good health who know about banned medicins and therapies that might actually cure what ails you. But the situation is so bad that they could lose their license and even go to jail if they offer these to you.

Supposedly, we have the best health care system in the world. But who is it best for? Not for you and me, the health care consumers, I'm afraid. From all indications in my experience, it's all geared toward grabbing as much money from us as possible, with little real concern for our health and well being.

So what are we, the health care consumers, supposed to do about this sorry situation?

I believe that the only answer we have is in our own education. In today's environment, we not only have to survive our medical problems, we have to survive the health care system as well. And, the only way to do that is to learn all we can and try to find the real facts about our problems so we know what we are dealing with.

Now, on the Internet, we are fortunate to have a vast source of information on virtually any subject. When you have a medical problem, don't take your doctor's word as gospel. Instead, do a search on the Net and read, read, read.

Chances are, you will find ways of treating your problem without the expensive, dangerous drugs your doctor will prescribe.

A little research will often not only save you and your insurance company a bundle of money, but you may find ways of actually curing what ails you, information you probably won't get from your doctor.

Look closely at your eating habits, as lack of the correct nutrition is often the major culprit in most illnesses. The body has an amazing capacity to heal itself if you give it the right foods and deny it the wrong ones.

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