

Title:

Are Your Lifestyle Habits Killing You?

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958

Summary:

Are you one of the many Americans in life-threatening DANGER?!! Are harmful forces insidiously

Scientific and technological advances have greatly increased the average lifespan. With youth

Keywords:

Lifestyle, Habits, Killing, VitaNet, Health, Foods

Article Body:

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Scientific and technological advances have greatly increased the average lifespan. With youth

An American Psychological Association (APA) survey found stress to have a direct relationship

Perilous Lifestyles:

As stressful lives lead to poor nutrition, people entrap themselves within a vicious cycle. Wi

Nevertheless, healthy, low-risk lifestyles need more than nutritious food in the diet; vitamin

Drastically causing health complications and premature deaths, cigarettes continue to bring a

Sedentary jobs and interests focused around televisions, video games, and computers continue t

Stress may be overwhelming, but the health problems caused from unhealthy reactions may be dea

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