

Title:

Are you being troubled by Sinusitis?

Word Count:

554

Summary:

Around 30 per cent of the people in the world suffer from sinus infection each year. How can i

Keywords:

sinus infection, histamine, nasal, glyconutrients

Article Body:

It is said that around 30 per cent of all people suffer from sinusitis or sinus infection at 1

A sinus infection happens when the paranasal sinuses on either side of the nose get inflamed.

The body produces histamines during allergic reactions. Histamines are neuro-transmitter chemi

The symptoms of a sinus infection begin with headache, facial pain, nasal congestion, fever, g

Structural problems such as deviated septum, nasal polyps, etc. are conducive to a sinus infec

The cure for sinusitis is steam inhalation, nasal irrigation, hot fluids such as tea or chicke

When the sinus infection refuses to respond to medication, Functional Endoscopic Sinus Surgery

Prevention is always better than cure. Stop smoking, because smoking is one of the chief stimu

An allergic reaction is an unnecessary, and even dangerous, immune response that should be pre

Recent research has found that a new group of sugars called glyconutrients could represent the

Consuming glyconutrients through natural dietary supplements could go a long way in regulating

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