

Title:

Art Therapy: Drawing Out The Best Among Children

Word Count:

557

Summary:

The healing power of art can overcome depression among children. Art therapy provides children

Keywords:

depression, stress and anxiety

Article Body:

Creating art is one way to combat mental illness and many people have actually found it to work.

It was generally thought that children could not become depressed. Now, researchers realize that

Depression has been defined by some as anger turned inward. It is very common among young people.

It is therefore very helpful to provide a safe outlet for a child that is experiencing depression.

At a public school in Chicago, a non-profit organization conducts art therapy as a means of helping

In Thailand, a group runs art therapy camps throughout the year for children living with depression.

Art therapy provides children experiencing depression an opportunity to achieve personal growth.

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