

Title:
Arthritis Remedy

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Summary:
Arthritis is often referred to as a chronic disease. This means that it can affect the person

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Arthritis, Arthritis Pain, Arthritis Remedy, Glucosamine, Chondroitin, Joint Pain, Synotrex

Article Body:
Arthritis is often referred to as a chronic disease. This means that it can affect the person

Detailed information on joints and joint pain products:

Over-The-Counter Products

Acetaminophen

People afflicted with osteoarthritis often times have very little inflammation. As such, pain

Ibuprofen

On the other hand, people afflicted with rheumatoid arthritis generally have pain caused by in

Glucosamine and Chondroitin

Glucosamine and Chondroitin are components of natural joint cartilage. Studies indicate that g

Prescription Products

Prescription Nonsteroidal Anti-Inflammatory Drugs (NSAIDs)

This class of drugs includes aspirin and ibuprofen that are used to reduce pain and inflammati

Biological Response Modifiers

These drugs include Enbrel and Remicade and are used for the treatment of rheumatoid arthritis

Disease-Modifying Antirheumatic Drugs (DMARDs)

These drugs include Arava, methotrexate, hydroxychloroquine, penicillamine, and gold injection

Corticosteroids

Corticosteroids can be taken by mouth or given by injection directly into the affected joint.

These drugs include Hyalgan and Synvisc. It is theorized that these drugs mimic a naturally oc

Natural Methods

Heat and Cold

Since heat and/or cold is not recommended to alleviate symptoms associated with all types of a

Joint Protection

A splint or brace can be used to allow joints to rest and keep them from being used, which can

Massage

This method is associated with temporarily relieving one of the major symptoms associated with

Exercise/Weight Reduction

Stretching exercises, swimming, walking, low-impact aerobic exercise, and range-of-motion exer

Medical-Related Methods

Transcutaneous Electrical Nerve Stimulation (TENS)

Transcutaneous electrical nerve stimulation (TENS) is a small device that is placed over the a

Surgery

In advanced cases of patients with arthritis, surgery may be necessary. The surgeon may perfor

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