

Title:

Arthritis: Joint Pain Without Cure

Word Count:

502

Summary:

The article is about the health risks, pain, and discomfort that arthritis may bring. This dis

Keywords:

arthritis pain relief

Article Body:

Arthritis, even mild cases can be painful and uncomfortable. It may hinder the mobility of a p

Arthritis is a disease may cause painful swelling and inflammation of the joints and are exper

Inflamed joints that hurt when in motion are some of the familiar signs and symptoms of arthri

Other symptoms may include:

Stiffness`People with arthritis may feel stiff and creaky for a short time until the joints ge

Muscle weakness`The muscle around the joint, especially the knees may become weaker.

Deformed joints`Joints may look enlarged and deformed.

Cracking and creaking of the joints`The joints may make cracking and creaking sounds.

Presently, there are no available cure for arthritis but there are medications that may provid

Many health experts believe that regular exercise and a healthy diet are powerful tools for an

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