

Title:

Ayurveda: Alternative Medicine From India

Word Count:

683

Summary:

Aside from traditional Chinese medicine, some people are also discovering the alternative medi

Keywords:

infection, mental health, stress and anxiety, sinusitis

Article Body:

For the past few decades, the field of medicine has been largely influenced by the medical phi

In contrast, Eastern medical and therapeutic philosophy focuses on the more metaphysical side

Ayurveda, a healing system native to India, is a centuries-old practice that has recently been

In Ayurveda, it is believed that the healing of a person must take into consideration three el

The primary concept of Ayurveda is that the restoration of imbalances in the body requires a v

Ayurveda also prescribes a particular form of massage known as ^Panchakarma~ for the treatment

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