

Title:

BP Medication Plus Healthy Lifestyle Is Stable Blood Pressure!!

Word Count:

436

Summary:

The word 'blood' has plenty of significance! Among all the parts of the body, the status of blood

We call our close relations, 'blood relations'! Why not nose relations or ear relations?

Any damage to any part of the body, and the first thing that comes out is blood!

Blood can be compared to a super power! Super power influences the ...

Keywords:

blood pressure, bp, blood pressure medication, treatment

Article Body:

The word 'blood' has plenty of significance! Among all the parts of the body, the status of blood

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Any damage to any part of the body, and the first thing that comes out is blood!

Blood can be compared to a super power! Super power influences the political activity anywhere

One such damage to the blood is blood pressure, which could either be high or low.

For lowering high blood pressure, many 'antihypertensive' medications are available in the market.

One more category of antihypertensives are 'nerve inhibitors'. The sympathetic nerves, the result of

Some more drugs are: Vasodilators, angiotensin converting enzyme (ACE) inhibitors, angiotensin

Medication is not the be all and end all of blood pressure treatment. Certain lifestyle changes

Apples are considered invaluable in the treatment of high blood pressure. The apple diet has a

And last but not the least, try to live a tension-free life, as it has a lot of advantages. The

Well, you can start by starting!

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