

Title:

Baby in the Boardroom : How to Juggle the Demands of Pregnancy and Your Job

Word Count:

697

Summary:

As long as a woman is healthy and regularly sees her doctor, there is no reason why she should

Keywords:

pregnancy

Article Body:

Largely because of the huge financial impact of bringing a child into the world, more women are

The truth is, its not impossible for a woman to continue working during pregnancy, as

Even if the job doesn't present any obvious threat, there will still be a need to make

- 1 Avoid anything that may trigger an attack of nausea, and drink plenty of fluids. Keep
- 1 Pregnant women tire easily, with their energy level fluctuating throughout the day. Du
- 1 Exercise does wonders during pregnancy, because it greatly improves your overall health
- 1 Bending and lifting. Proper form can spare your back, even if you're lifting something

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