

Title:

Battling an Eating Disorder: When Bulimia Becomes a True American Idol Sized Problem

Word Count:

799

Summary:

The most lethal of all the mental health disorders, bulimia nervosa and anorexia nervosa are ex

Keywords:

Eating Disorder, Bulimia, Bulimia Nervosa, Anorexia Nervosa, Mental Health Disorders

Article Body:

In a People Magazine article, American Idol contestant, Katherine McPhee disclosed that she ha

<b>Glamorizing Eating Disorder Illnesses? Or Becoming an Invaluable Role Model?</b>

Some may think when celebrities like Katherine come forward with such problems it only ^glamor

Though statistics show that 1 percent of young females in this country suffer with bulimia, th

<b>Uncovering the Secrets of Bulimia Nervosa and Anorexia Nervosa: The Most Lethal Mental Heal

The most lethal of all the mental health disorders, bulimia nervosa and anorexia nervosa are ex

Eating disorders, which essentially represent an abuse of food in an effort to resolve emotion

<b>8 signs that parents and families may see at home, around the dinner table, in the family b

- Erratic eating, eating too much or too little, too frequently or too seldom.

- Dieting and other restrictive eating behaviors (in some instances vegetarianism or skipping

- Fear of putting on weight, with an all-encompassing preoccupation with food and eating that

- Hiding food, and feeling shame and guilt after eating it. The refusal to eat in the company

- Depressive moods

- Various forms of purging, including self-induced vomiting, excessive exercising, laxative, d

- Disappearances into the bathroom during or following meals

- Impulsive, immoderate and out of control behaviors beyond the realm of eating, that might in

There is nothing passive about eating disorders. Always on the move, they are either getting b

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