

Title:

Birth Control 101

Word Count:

620

Summary:

This article is about the different contraceptives and how birth control works. Enumerated in

Keywords:

how does birth control work

Article Body:

We now live in a world where sex is as normal as going out to the movies. Even teenagers as yo

While we're on the subject of being permissive enough to ignore teenage sex, think about this:

What is contraception and how does birth control work?

Birth control is a set of actions, devices, medications used for the sole purpose of preventin

1. It prevents the monthly release of an egg cell (ovum) from the ovaries during menstrua
2. It thickens the cervical mucus lining so that sperm cells would not be able to swim an
3. It changes lining of the uterus to make implantation of a fertilized egg difficult.

What are the different birth control types available?

There are natural methods of birth control. These do not require the aid of any device of medi

1. Abstinence. This requires a person to totally abstain from engaging in sexual activiti
2. Withdrawal. This requires the man to pull his penis out of his partner's vagina before
3. Sexual intercourse. It allows sexual gratification by means of non-penetrative sex. It
4. Fertility awareness. This method allows for couples to determine a woman's safe and un

The barrier method of contraception includes:

1. Male condom. It is a latex or polyurethane rubber cylinder worn on the man's penis to
2. Female condom. It is a thin sheath or pouch worn to line the vagina to collect sperm e
3. Cervical cap. It is a barrier made out of either latex or silicone which is placed ove
4. Diaphragm. It works much like the cervical cap.

The hormonal birth control method includes:

1. Oral contraceptive pills. These are pills that contain synthetic versions of the femal
2. Injectables. It is a progestin-only solution that is injected to prevent ovulation for
3. Hormonal patches. It is a thin, 2in by 2 in patch that slowly releases hormones into t
4. Birth control implants. It is a thin flexible plastic rod to be inserted under the ski

The intra-uterine device (IUD) is a T-shaped rod placed inside the uterus to created a localiz

Choosing the best birth control method to use is a serious matter. Consult your doctor to know

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