

Title:

Birth Control Pill: Health Benefits and Lifestyle Concerns

Word Count:

519

Summary:

Oral contraceptives or birth control pills are patronized by majority of sexually active women

Keywords:

birth control pill

Article Body:

Oral contraceptives are preferred to use by millions of women worldwide as a form of birth control

Aside from the facts that birth control pill is cheaper and convenient, this form of oral contraceptives

The following are health conditions that can be treated with oral contraceptives:

1. Dysmenorrhea. This is an extreme abdominal pain that is experienced during the first few days of menstruation.
2. Hirsutism. This is an abnormal hair growth, which is common on the face and neck areas, especially on the chin and upper lip.
3. Irregular periods.
4. Amenorrhea.
5. Dysfunctional uterine bleeding. This is an abnormal bleeding in the vagina that triggers pain and discomfort.
6. Acne.
7. Hypernorrhea. This is an abnormal and quite heavy flow of menstruation.
8. Cystic ovarian syndrome. This involves infertility and formation of tiny ovarian cysts.

Some lifestyle concerns on using birth control

Birth control pills do not work overnight. Since some birth control pills may not work in as fast as others.

Once a woman decides to take birth control pills, she is required to see a gynecologist at least once a year.

Most gynecologists require women who are taking pills to discontinue the intake of contraceptives for a few weeks before trying to get pregnant.

As for women who already gave birth, they can resume on taking birth control pills a few weeks after giving birth.

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